



GENERAL WELL BEING OF ADOLESCENTS IN RELATION TO LEVEL OF ASPIRATION AND ACADEMIC ACHIEVEMENT MOTIVATION

Sunita

Research Scholar, Dept. of Education, Baba Mastnath University, Rohtak

Abstract

Human behavior is goal oriented and is directed by various environmental forces and internal qualities of the individual such as their attitudes, aptitude, interest likings and various other personality traits. A very important aspect of quality of life is happiness, satisfaction or gratification subjectively experienced which is often called as general well being. Well being may be defined as the subjective feeling of contentment, happiness, satisfaction with life experience sense of achievement belongingness and no distress. The Parent desire that their children climb the ladder of performance to as high level as possible all humans behavior is motivation it is controlled guided and sustained certain motives there would not be learning in absence of motivation. The level of aspiration is an individual goal or expectation in regard to the goodness and his/her own future performance for a given task. When a person is actively involved in a task, he/she sets himself a new standard to conquer called level of aspiration. Level of aspiration is described to be the most attractive orientation on the continuums of difficulty in relation to the goal he/ she aspires to achieve. Further, the level of aspiration of an individual can be illustrated as a point in the positive region of his utility scale of an achievement variable. It is the upper bound of that chord (connecting two goals) which has maximum scope i.e. the level of aspiration associated with the higher of the two goals between which the rate of the change of the utility function is maximum. It may be concluded from the above definition that the level of aspiration of an individual is that goal which has the largest distance (difference) in utility between it and the next lower goal. The world is becoming more and more competitive. Quality of performance had become the key factor for personal progress. Parents desire that their children climb the ladder of performance to a high level a possible. The desire for a high

level achievement puts a lot of pressure on students, teachers, schools, and, in general, the educational system itself. In fact, it appears as if the whole system of education revolves around the academic achievement motivation of students, through various other outcomes are also expected from the system. Thus lot time and effort of the schools are used for helping students to achieve better in their scholastic endeavors.

Keywords: Well being, Continuums, achievement motivation, Aspiration.
